

# WINTER WHEAT

Producers may know that cover crops benefit the soil and agricultural operations, but do they know the benefits of each species? Each month a different cover crop species will be highlighted to provide producers with information needed to successfully grow cover crops or alternative forages on their operation.

## AT A GLANCE

- Great for soil and erosion reduction
- Versatility for cover crop, forage, nurse crop, and grain usage
- Optimal crude protein levels
- Biomass is easily incorporated into the soil
- Winter hardiness scale 5/5



#### CENTRA SOTA COOPERATIVE

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## PLANTING DETAILS

- Plant in mid-July to mid-October; min germination temp 38F
- Seeding rates vary
- Plant a minimum of 50 lbs/acre depending on use
- Planting depth should be 1"
- Seeds/lb: 10,000-16,000

# ABOUT WINTER WHEAT

- First used as a grain crop in the 19th century
- Today winter wheat is used for grain, forage and cover crop
- Planted in fall and germinates before vernalization begins
- Underground biomass increases in spring as it greens up
- The value of winter wheat as a primary forage is currently being researched

## BENEFITS

## **Erosion Reduction and Soil Health**

Winter wheat develops large fibrous root structures, reducing erosion. Large amounts of aboveground biomass make it suitable for soil health building.

## **Nurse Crop**

Winter wheat is commonly used as a nurse crop for alfalfa and clover.

#### Crude Protein

The slow maturing nature of winter wheat optimizes crude protein levels in the boot stage and later into the growing season.